



Alastair Mooch & Friends

aLL KiNDs of YoU aNd Me

ALASTAIR MOOCK – vocals, acoustic guitar, banjo (12)

ANAND NAYAK – electric guitars, acoustic guitars (2, 10, 11), mandolin (6),
vibraphone, additional percussion, background vocals and arrangements

JAMIE WALKER – mandolin, electric guitar (9, 10)

PAUL KOCHANSKI – upright and electric bass, additional vocals

SCOTT KESSEL – drums, percussion, additional vocals

With

Donn Scott Shetler – saxophone, clarinet, horn arrangements

John Moriconi – trumpet, flugelhorn

Alan Kaufman – fiddle, yodeling

Dave Russo – plectrum banjo

Jim Gambino – Hammond B3

And Special Guests

Rani Arbo – vocals (1, 2, 4, 9)

Jennifer Kimball – vocals (5, 6, 8, 12)

Samirah Evans – vocals (3)

Debbie Lan – vocals and piano (7)

Mark Erelli – vocals (12), harmonica

Thanks to our This Land kid singers (Henrietta Rota, Max Sheldon,
Ruby Tricca, Xavier Vogt) and everyone who contributed their voices
to Kenya Imagine?



For news, tour dates, lyrics,
videos and more visit:

www.MOOCKMUSIC.com

Produced by

Anand Nayak

(with help from Chris Rival and Alastair Mook)

Recorded & Mixed by

Chris Rival at Middleville Studio, North Reading, MA

(additional recording by Anand Nayak at Sonelab, Easthampton, MA;
Sean McLaughlin at 37° Productions, Rockland, MA; and Dean Jones at
No Parking Studio, Rosendale, NY)

Mastered by

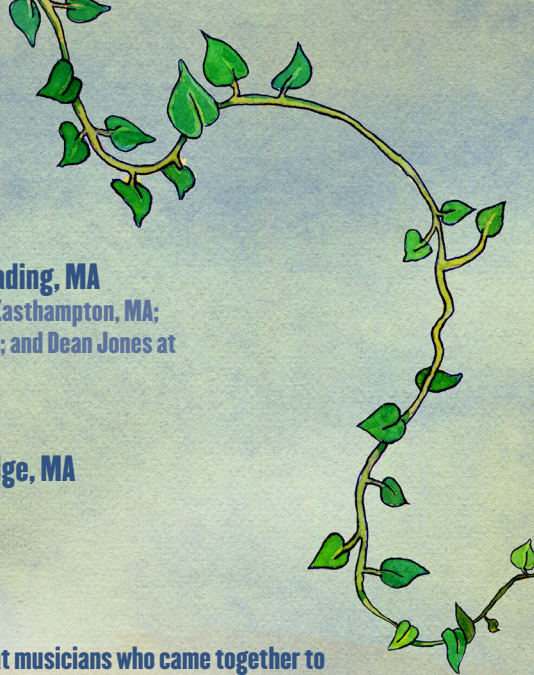
Ian Kennedy at New Alliance East, Cambridge, MA

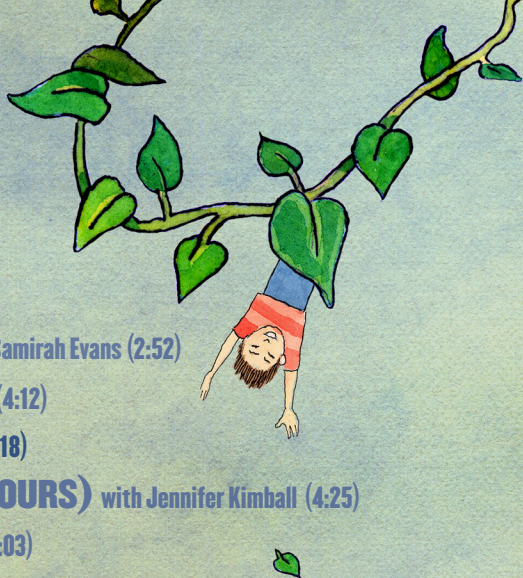
Design by Lori Salmeri

Illustrations by Key Wilde

Mook and Anand would like to thank all the great musicians who came together to make these tunes shine, Chris Rival for his big 'ol ears, and our families for their support. This album is for our kids and yours — may they be who they are.

All songs written by Alastair Mook ©2015 Mookshake Music (ASCAP), and arranged by Alastair Mook and Anand Nayak, Dizzydog Music (ASCAP), except as noted: Tracks 2, 3, 5, 9 by A. Mook & A. Nayak; Track 7 by A. Mook & D. Lan, Debbie Lan Music (ASCAP); Track 10 lyrics adapted from the book *All in a Day* by Cynthia Rylant (Abrams Books for Young Readers) & music by A. Nayak; Track 12 by Woody Guthrie, Ludlow Music, Inc.





- 1. It Takes All Kinds** (3:02)
- 2. PEOPLE** with Rani Arbo (2:18)
- 3. You Might Be a Girl** with Samirah Evans (2:52)
- 4. THE BRIGHT SIDE OF ME** (4:12)
- 5. Every Day's a Holiday** (3:18)
- 6. MY LIFE (IS A LOT LIKE YOURS)** with Jennifer Kimball (4:25)
- 7. I Am Malala** with Debbie Lan (3:03)
- 8. KENYA IMAGINE?** with Jennifer Kimball (4:56)
- 9. Everything's Upside-Down But Me** (4:46)
- 10. ALL IN A DAY** with Anand Nayak (3:47)
- 11. You and Me** (2:53)
- 12. THIS LAND IS YOUR LAND** (4:57)